

New Paltz Middle School / Lunch

SEPTEMBER 2023

				Fri	1				
				No School					
Mon	4	Tue	5	Wed	6	Thu	7	Fri	8
No School	No School	French Toast Bites Sausage Patty Hash Brown Patty Ham & Cheese Sandwich (alternate)	Grilled Cheese Alt. Grilled Cheese w/Ham Green Beans Turkey & Cheese Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Lettuce Italian Dressing Apple Juice 4oz Carton Chicken Salad Sandwich (alternate)					
Mon	11	Tue	12	Wed	13	Thu	14	Fri	15
General Tso Chicken Asian Vegetables Brown Rice Salami and Cheese Sandwich (alternate)	Breadstick Marinara Sauce Mozzarella Sticks Baby Carrots Cucumber Salad Turkey Salad Sandwich (alternate)	Sausage, Egg & Cheese on a roll Seasoned Home Fries Tuna Salad Sandwich (alternate)	Beef and Cheese Quesadilla Salsa Seasoned Corn Black Bean Salad Egg Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Lettuce Ranch Dressing Apple Juice 4oz Carton Bologna & Cheese Sandwich (alternate)					
Mon	18	Tue	19	Wed	20	Thu	21	Fri	22
Chicken Nuggets Ketchup-pc BBQ Sauce-pc Peas Brown Rice Ham & Cheese Sandwich (alternate)	Cheeseburger Alt-Veggie Burger Crinkle Cut French Fries Baby Carrots Salami and Cheese Sandwich (alternate)	Mozzarella Grilled Cheese Marinara Sauce Green Beans 3 Bean Salad Bologna & Cheese Sandwich (alternate)	Waffle Sausage Patty Hash Brown Patty Turkey Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Lettuce Italian Dressing Apple Juice 4oz Carton Tuna Salad Sandwich (alternate)					
Mon	25	Tue	26	Wed	27	Thu	28	Fri	29
Yom Kippur-No School	Chicken Tenders Dinner Roll Seasoned Carrots Cucumber Salad Roast Beef & Cheese Sandwich (alternate)	Macaroni and Cheese Peas Turkey & Cheese Sandwich (alternate)	Walking Taco Salsa Refried Beans Seasoned Corn Brown Rice Egg Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Lettuce Ranch Dressing Apple Juice 4oz Carton Bologna & Cheese Sandwich (alternate)					

Menu Subject to Change

Condiments BBQ Sauce-pc - Ketchup-pc - Mayo-pc - Mustard-pc - Honey Mustard - Ranch Dressing - Italian Dressing - Frank's Hot Sauce

Milk Milk-1% - Milk-Chocolate - Milk-Fat Free

Fruit Apple - Apple Slices-packaged - Applesauce - Banana - Blueberries-Frozen - Cantaloupe - Fruit Cocktail-Canned - Honeydew Melon - Mixed Berries-Frozen - Orange - Peaches-Canned - Pear - Pears-Canned - Pineapple-Canned - Plums - Strawberries-Frozen

MS-Alternate Entrees Chicken Cutlet Sandwich - Italian Combo (alternate) - Hamburger - Cheeseburger - Peanut Butter and Jelly Sandwich

Secondary Breakfast(\$2.55)

Secondary Lunch(\$3.55)

Milk(\$0.75)

View more: <http://schools.mealviewer.com/school/NewPaltzMiddleSchool>

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